

SUNFLOWER BOOKLIST JANUARY - MARCH 2012

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walk & eat — a winning series...



'Sunflower Books have led the field for years with their brilliant Landscapes walking and car-touring guides. Now they have raised their game even higher with the superb new walk & eat series.' (Mail on Sunday)

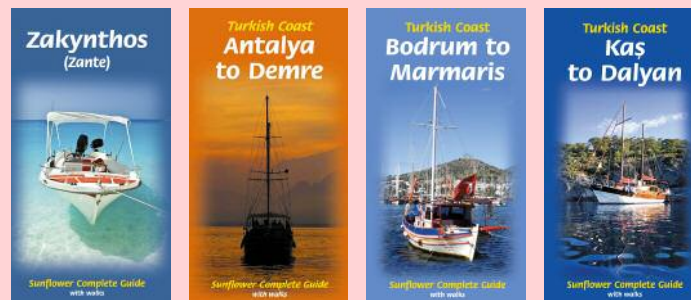
These pocket-sized full-colour guides, designed for short-break holidays, describe walks and recommended restaurants en route (with accompanying recipes). Other sections include: planning your trip, logistics on arrival, shopping for self-catering, local markets and speciality foods, glossary of local food terms, etc. Topographical walking maps (1:35,000) and fold-out town plans; special sections for gluten- and dairy-free eating and shopping. Titles marked ++ are also available as ebooks for Kindle or iPad from Amazon or Apple. (Also for other devices, from Sunflower.)

'Beautifully illustrated and easy reading, even for non-walkers.' (Food and Travel)

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Sunflower Complete series



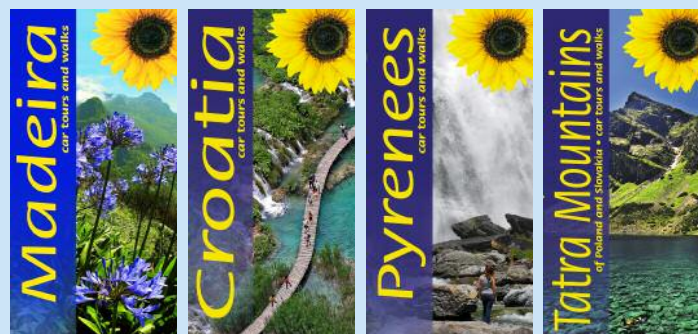
A series that combines the best features of 'Landscapes' guides with all the detail you would expect in a hefty general guide, but they are pocket-sized and in full colour.

Getting there and getting about • Recommended accommodation, campsites and restaurants (all with prices) • Practicalities A-Z • History • 15-20 main walks with many variations, all with large-scale topo maps • Fold-out area maps • Detailed town plans showing locations of all sights, hotels and restaurants • Many 'feature' panels

Each book: paperback, 184 pages, size 210 x 115 mm (a bit wider than 'Landscapes' guides). For prices (which vary for different titles) see list on the right hand page.

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NB for the 'Walk & eat' series, please see page at far left)