

SUNFLOWER BOOKLIST SUMMER/AUTUMN 2010

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walk & eat — a winning series...



'Sunflower Books have led the field for years with their brilliant Landscapes walking and car-touring guides. Now they have raised their game even higher with the superb new walk & eat series.' (Mail on Sunday)

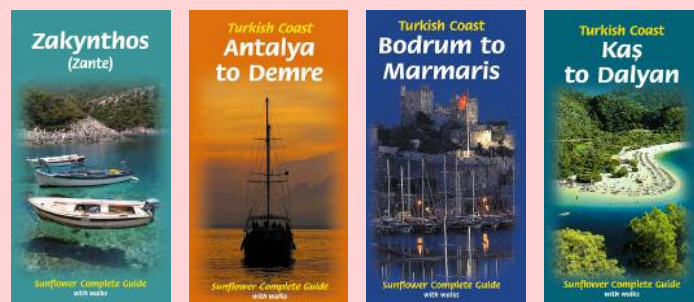
These pocket-sized full-colour guides, designed for short-break holidays, describe walks and recommended restaurants en route (with accompanying recipes). Other sections include: planning your trip, logistics on arrival, shopping for self-catering, local markets and speciality foods, glossary of local food terms, etc. Topographical walking maps (1:35,000) and fold-out town plans; special sections for gluten- and dairy-free eating and shopping.

'Beautifully illustrated and easy reading, even for non-walkers.' (Food and Travel)

144 pages, size 153 x 111 mm (6 x 4 1/2 in). When ordering from a bookseller, quote the **full ISBN** (978-1-85691 followed by the four digit ISBN number shown below)

walk & eat Avignon	1st ed, 2008	ISBN 354-6	£8.99 (£10.00)
walk & eat Cape Town	1st ed, 2007	ISBN 331-7	£7.99 (£9.00)
walk & eat Corsica	1st ed, 2006	ISBN 295-2	£7.99 (£9.00)
walk & eat Kefalonia	2nd ed, 2009	ISBN 366-9	£8.99 (£10.00)
walk & eat Lisbon	1st ed, 2005	ISBN 280-8	£7.99 (£9.00)
walk & eat Madeira	2nd ed, Nov 2007	ISBN 339-3	£8.99 (£10.00)
walk & eat Mallorca	2nd ed, Nov 2007	ISBN 340-9	£8.99 (£10.00)
walk & eat Nice	3rd ed, Jun 2009	ISBN 278-5	£8.99 (£10.00)
walk & eat Northern Cyprus	Mar 2010	ISBN 371-3	£8.99 (£10.00)
walk & eat Rhodes	1st ed, 2007	ISBN 325-6	£7.99 (£9.00)
walk & eat Stockholm	1st ed, 2008	ISBN 350-8	£8.99 (£10.00)

Sunflower Complete series



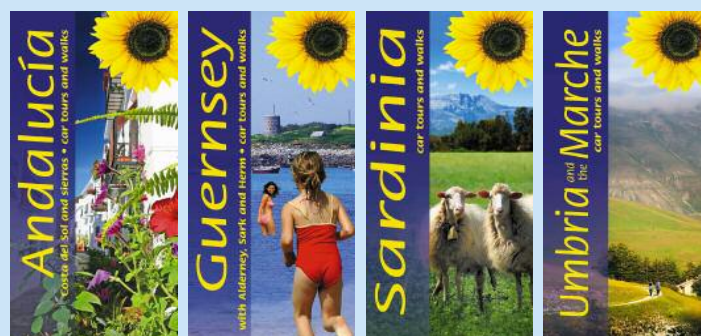
A series that combines the best features of 'Landscapes' guides with all the detail you would expect in a hefty general guide, but they are pocket-sized and in full colour.

Getting there and getting about • Recommended accommodation, campsites and restaurants (all with prices) • Practicalities A-Z • History • 15-20 main walks with many variations, all with large-scale topo maps • Fold-out area maps • Detailed town plans showing locations of all sights, hotels and restaurants • Many 'feature' panels

Each book: paperback, 184 pages, size 210 x 115 mm (a bit wider than 'Landscapes' guides). For prices (which vary for different titles) see list on the right hand page.

New Landscapes editions

Some of the new editions due for publication in 2010 are shown below. For month of publication and price, please see stock list on right (the prices in parentheses are mail order prices inclusive of second class post). When ordering from a bookseller, quote the **full ISBN** (978-1-85691 followed by the four digit number shown by the book title.) Most Landscapes titles are also available as ebooks in Adobe Acrobat pdf format — see note at foot of next column. Full details of every title including a detailed description, together with a full listing of the contents and index, can be found on our web site www.sunflowerbooks.co.uk.



Stock list (Landscapes and Sunflower Complete series)

Algarve	4th ed, 2005	ISBN 334-8	£12.99 (Post paid £14.00)
Andalusia	& the Costa del Sol	ISBN 380-5	£12.99 (Post paid £14.00)
Azores	4th ed, June 2010	ISBN 351-5	£12.99 (Post paid £14.00)
Basque Country (of France & Spain)	2nd ed, May 2010	ISBN 381-2	£12.99 (Post paid £14.00)
Corfu	5th ed, May 2009	ISBN 360-7	£12.99 (Post paid £14.00)
Corsica	5th ed, Jan 2009	ISBN 355-3	£12.99 (Post paid £14.00)
Costa Blanca	4th ed, Jan 2009	ISBN 364-5	£12.99 (Post paid £14.00)
Costa Brava & Barcelona	2nd ed, 2006	ISBN 303-4	£12.99 (Post paid £14.00)
Eastern Crete*	4th ed, 2003	ISBN 197-9	£12.99 (Post paid £14.00)
Western Crete	6th ed, Mar 2008	ISBN 333-5	£12.99 (Post paid £14.00)
Croatia	1st ed, 2006	ISBN 299-0	£12.99 (Post paid £14.00)
Cyprus	5th ed, July 2009	ISBN 370-6	£12.99 (Post paid £14.00)
Dolomites and eastern South Tyrol	1st ed, Mar 2010	ISBN 378-2	£14.99 (Post paid £16.00)
Fuerteventura	4th ed, 2007	ISBN 320-1	£12.99 (Post paid £14.00)
La Gomera	see under Tenerife (Southern)		
Gran Canaria	5th ed, Jan 2009	ISBN 358-4	£12.99 (Post paid £14.00)
Guernsey	5th ed, Aug 2010	ISBN 382-9	£7.99 (Post paid £9.00)
Ibiza & Formentera	3rd ed, 2007	ISBN 330-0	£12.99 (Post paid £14.00)
Ireland	4th ed, Aug 2010	ISBN 385-0	£12.99 (Post paid £14.00)
Italian Lakes	2nd ed, Jan 2009	ISBN 359-1	£12.99 (Post paid £14.00)
Jersey	5th ed, Aug 2010	ISBN 391-1	£7.99 (Post paid £9.00)
Lanzarote	4th ed, 2007	ISBN 321-8	£12.99 (Post paid £14.00)
Lesvos	2nd ed, 2007	ISBN 324-9	£12.99 (Post paid £14.00)
Madeira	10th ed, Mar 2010	ISBN 373-7	£12.99 (Post paid £14.00)
Mallorca	7th ed, Aug 2010	ISBN 388-1	£12.99 (Post paid £14.00)
Malta, Gozo & Comino	5th ed, 2007	ISBN 307-2	£12.99 (Post paid £14.00)
Menorca	5th ed, Mar 2010	ISBN 376-8	£12.99 (Post paid £14.00)
La Palma & El Hierro	6th ed, July 2010	ISBN 389-8	£12.99 (Post paid £14.00)
Paxos	4th ed, Mar 2010	ISBN 377-5	£7.99 (Post paid £9.00)
Peloponnese (Southern)*	1st ed, 2003	ISBN 224-8	£12.99 (Post paid £14.00)
Picos de Europa	5th ed, July 2010	ISBN 386-7	£12.99 (Post paid £14.00)
Portugal (Northern)	2nd ed, 2007	ISBN 309-6	£12.99 (Post paid £14.00)
Provence (Eastern) (Côte d'Azur to the Alps)	2nd ed, Jun 2009	ISBN 361-4	£12.99 (Post paid £14.00)
Provence (Western) and Languedoc-Roussillon	3rd ed, Jun 2009	ISBN 362-1	£12.99 (Post paid £14.00)
Pyrenees	5th ed, 2008	ISBN 353-9	£12.99 (Post paid £14.00)
Samos* (See below)	5th ed, 2005	ISBN 288-4	£12.99 (Post paid £14.00)
Sardinia	3rd ed, 4th ed, Apr 2010	ISBN 383-6	£12.99 (Post paid £14.00)
Scottish Highlands	3rd ed, Aug 2010	ISBN 287-7	£12.99 (Post paid £14.00)
Sicily	3rd ed, May 2009	ISBN 363-8	£12.99 (Post paid £14.00)
Slovenia	3rd ed, Jun 2010	ISBN 379-9	£12.99 (Post paid £14.00)
Sorrento, Amalfi Coast & Capri	5th ed, 2008	ISBN 357-7	£12.99 (Post paid £14.00)
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Tatra Mountains of Poland and Slovakia	1st ed, 2006	ISBN 305-8	£12.99 (Post paid £14.00)
Tenerife	7th ed, 2007	ISBN 337-9	£12.99 (Post paid £14.00)
Tenerife (Southern) & La Gomera	5th ed, 2008	ISBN 349-2	£12.99 (Post paid £14.00)
Turkish Coast (Antalya to Demre)	1st ed, 2007	ISBN 327-0	£12.99 (Post paid £14.00)
Turkish Coast (Kas to Dalyan)	2nd ed, Mar 2009	ISBN 367-6	£14.99 (Post paid £16.00)
Turkish Coast (Bodrum and Marmaris)	2nd ed, Mar 2009	ISBN 368-3	£14.99 (Post paid £16.00)
Tuscany	2nd ed, 2006	ISBN 298-3	£12.99 (Post paid £14.00)
Umbria	2nd ed, May 2010	ISBN 384-3	£12.99 (Post paid £14.00)
Zakynthos	2nd ed, Aug 2009	ISBN 372-0	£14.99 (Post paid £16.00)

NB 'Walk & eat' series, please see page far left)

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