

## Walk 8: Drei Zinnen/Tre Cime di Lavaredo

**Time:** 7h

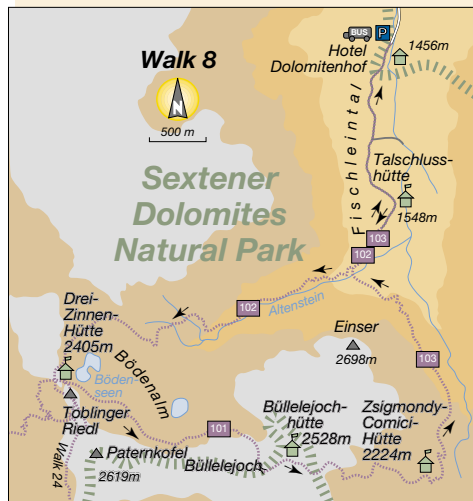
**Grade:** straightforward mountain walk on mostly good paths, but you must be fit for the climb and descent of 1100 m.

**Access:** bus or car to the end of the motorable road in the Fischleintal, at the Hotel Dolomitenhof (1456 m; large car park, bus stop). From here you can either continue into the valley on foot or take one of the horse-drawn carriages to the Talschluss Hut at the end of the valley (shuttle service from the Hotel Dolomitenhof).

**Refreshments:** Büllelejoch Hut, Zsigmondi Hut/Rifugio Comici, Drei Zinnen Hut/Rifugio Locatelli. The tiny Büllelejoch Hut (just 11 bunks) is served by helicopter and mini-tractor. It's a magnificent place to spend a night in the mountains, with Tyrolean cooking and the chance to watch the sun set on the Drei Zinnen. **Map:** Tabacco 1:25,000 N° 10 **Start the walk** at the **Talschluss Hut** at the end of the **Fischleintal**, where the north wall of **Einserkofel** dominates the view. Follow **Route 102/103**

(**Dolomite High-Level Route 5**) diagonally to the right uphill, until you come to a fork just short of a stream: go uphill to the right here (the way to the left is your return route). At first you rise alongside the stream, then you curve to the right and the terrain is steeper. When the route flattens out again you reach the **Bödenalm** with its little lake; a little higher up is the **Drei Zinnen Hut on Toblinger Riedl** (2438 m, 2h). It's all happening here, with lots of people coming from the nearby Auronzo Hut, where the road from the south ends (see Walk 22). There is a fantastic view to the Drei Zinnen and Paternkofel, which was so doggedly contested during the First World War (an old tunnel is still passable).

From the hut go back to the Bödenalm, but this time take **Route 101** to the right, above the lakes (**Bödenseen**). After crossing several scree gullies you reach the **Büllelejoch** (2522 m). Contour left from this pass to the nearby **Büllelejoch Hut** (2428 m, 4h 15min) and on to the **Obernacher Joch** (2519 m). From here you look down to the end of the valley below Zwölferkofel (right) and Hochbrunnerschneid (ahead). Now descend in zigzags. Take a break at the **Zsigmondy Hut** (2224 m, 5h), then continue on **Route 103**, a high-level route out of the valley. After crossing the Altenstein stream you reach your outgoing route and quickly regain the **Talschluss Hut** (6h30min) and the **Hotel Dolomitenhof** in the valley floor (7h).



*The Drei Zinnen Hut backed by the famous peaks*

## Fischleintal/Val Fiscalina

From Sexten and Moos the best way to visit the deeply-cut Fischleintal is by going up the left-hand side of the valley, past meadows loosely scattered with old larches. From the Hotel Dolomitenhof there is a lovely view to the west of peaks called the **Sextener Sonnenuhr** (Sexten Sundial). People in Sexten have always been able to read the time by looking to see where the sun is on the Elfer, Zwölfer, and Einserkofel (the 11th, 12th and 1st summits). Only dirt roads run to the hut at the end of this valley, from where there are various walking routes.

A 6-seater cabin lift runs from **Bad Moos/Bagni di San Giuseppe** at the entrance to the Fischleintal up to the meadows of **Rotwand** at 1921 m. It operates from 08.30-12.30 and from 13.30-17.30; closed from the end of the first week in Apr to early Jun and from Oct to 21 Dec. At the top there are fantastic views, several walking routes (shown on large plans at both the bottom and top lift stations), ski-runs — and two huts with good cooking: the Rotwandwiesen Hut and the Rudi Hut. In

most cases those who want to go higher will have problems, unless they are experienced and well-equipped climbers. But there is one relatively straightforward protected ascent (see Walk 9).

## Sexten Dolomites Natural Park

This park encompasses one of the most important areas in the whole Dolomites: the **Sonnenuhr** around Sexten, between **Rotwand**, **Elferkofel**, **Zwölferkofel** (3094 m) and **Einserkofel**, the isolated **Dreischusterspitze** (3145 m), the world-famous **Drei Zinnen** (up to 2999 m) and the **Haunold Massif** (2966 m). From the Kreuzberg Pass to Lake Dürren the park boundary follows the boundary with the province of Belluno. Wild rock walls like the 'Zwölfers' and the Drei Zinnen, and jagged rock towers like those on Rotwand are just one side of this mountain landscape. The other is the alm landscape between the Drei Zinnen and the Toblingerknoden and between the Toblingerknoden and the Büllelejoch: little lakes, green meadows, and rhododendrons.